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# Rugby Coach State Certificate

Basic Training - LUXQF3

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Initial Training & Education - 2022-2023 Season



## Dates & Content

### Common part:

Several dates to choose from

### Specialised part:

#### Module 1 (Self-organized E-Learning)

##### - Introduction to training

Between November 22 and January 23

#### Module 2 - The Practice Environment and its Values

Saturday 21/1/23 from 9am to 6pm at INS Sportlycée (A1.02)

Sunday 22/01/23 9am to 1pm at INS Sportlycée (A1.02)

#### Module 3 - The player and his characteristics

Tuesday 7, Wednesday 8 and Thursday 9/3/23 from 9:00 to 18:00 at Stade Boy Konen Cessange

#### Module 4 - The coach and his method

Tuesday 2, Wednesday 3 and Thursday 4/5/23 from 9:00 to 18:00 at Stade Boy Konen Cessange

### Practical part:

4/5/2023 - 15/12/2023

## Languages

French / English *with course materials in French (English support under development)*

## Contact

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[www.eneps.lu](http://www.eneps.lu)



## Target group

Head Coach / Referent or Assistant Coach of a Rugby School (EDR) team, Young or Senior playing at regional level (or equivalent) with the aim of acquiring the knowledge and skills necessary to ensure the animation, initiation and sports education of the players.






## Aims & Objective

Our training pathway aims to:

### □ The acquisition of 2 Skills:





-  Conduct and coach initiation, training or rugby development sessions
-  Manage a group in competition

### □ Requiring 5 areas of knowledge:

-  The Game
-  The Player
-  The pedagogical approach
-  The Laws of the game
-  Ethics

## Program

130 Training Units (UF) distributed as specified below:

-  The common part (40 UF)
-  The specialized part (68 UF)
-  The practical part (20 UF)
-  Final exam (2 UF)

*Final examination for the "LUXQF3 State Certificate" after full participation in the "common part" and the "specialized part"*

## Subscription conditions

Registration via MyGuichet.lu (click on the following link):

[Connection to an online service of the Luxembourg State \(services-publics.lu\)](http://services-publics.lu)

Registration fee: **125 Euro**

Number of participants: **20 people maximum**

Registration deadline: **January 15, 2022**